# Practical information Ungetinget 2025 – Young voices in uncertain times

#### **General information**

The seminar will be hosted at Sankt Helene, *Bygmarken 30, 3220 Tisvildeleje*. The program starts Friday, October 3rd at 17.15, and ends Sunday, October 5th at 15.30.

We will be approximately 90 people participating from the Nordic countries (Greenland, Iceland, Faroe Islands, Denmark, Sweden, Norway, and Finland). The main language will be English, but we encourage and appreciate it if you are curious and willing to try to communicate in the Nordic languages as much as possible.

## Contact, emergencies and insurance

<u>Emergency</u> - If you experience any kind of emergency during the seminar or during your travels to and from the seminar, contact emergency services by calling 112 and provide first aid. Immediately after, call Hanna (+45 6020 1446).

Other problems - If you arrive late, have troubles on your travels, or experience problems during the seminar, please contact Hanna (+45 6020 1446) or one of the other facilitators at the seminar.

<u>Insurance</u> – All participants crossing borders to reach the seminar are covered by travel insurance during the seminar and travels. If you need to use your travel insurance, please contact Hanna (+45 6020 1446).

#### Ground Rules and Code of Behavior

On <u>this webpage</u>, you will find the 'Ground Rules and Code of Behavior' for the seminar, which is an important tool for us to create a safe and inclusive space for all participants at the seminar. It is therefore important, that you read it all closely.

# How do I get to Sankt Helene?

For your travel to Copenhagen Airport, you should already have either booked a ticket yourself or received a ticket.

Contact us if you don't already have a ticket.

#### Common transportation to the seminar

We have booked buses between the seminar and Copenhagen Airport.

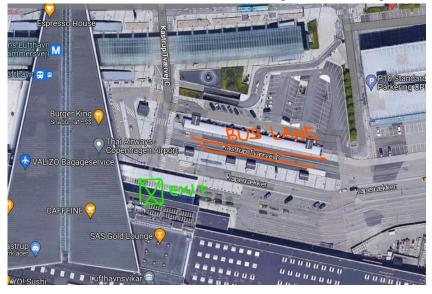
The departure and arrival times are as follows:

Departure from Copenhagen Airport on Friday the 3rd of October at 14.45 and 15.00

Departure from the seminar on Sunday the 5<sup>th</sup> of October at 15.30 arriving at Copenhagen Airport at 16.45

## How do I find the buses?

At Copenhagen Airport, the bus will be parked outside of Terminal 3. There are signs in the arrival hall for "Taxi and Charterbus". Below is a picture showing where the bus will be parked.



### Check in and arrival at Sankt Helene

We will wait for you in the hall by the conference rooms, as you arrive at Sankt Helene. Here you will need to check in with us, so that we know you are here, and so you can get your keycard for your room.

# On arrival at Sankt Helene, you must:

- Receive the keycard to your room
- Make your own nametag

## Where will I stay?

All participants will stay at Sankt Helene, where the seminar is hosted as well. You will stay in a room either alone or together with one or two other participants of the same gender, as you have noted in your application form.

## **Program**

We have put together an exciting program for the seminar. You can see the program and read more about the different elements on <u>the website</u>. It will be updated continuously, and we encourage you to use it to navigate through the program during the seminar.

#### Other information

#### Creative café

During the weekend it will be possible to withdraw a little from the program and join our creative space. You are welcome to bring your own small creative project if you have one at home. E.g., knitting or crocheting work, pearls, colouring books, writing tools, cards etc. Some creative utensils for drawing etc. will be available.

## Nordic Culture Night

Saturday night we will host a 'Nordic Culture Night', where we invite you to contribute with a form of entertainment for the other participants – maybe something from your home country - a dance, a song, a funny story? It could also be anything from an awesome juggling show, a beautiful song, or a small game. Just remember to pack your favourite juggling gear or your grandfather's harmonica!

## Ungetinget 2025 WhatsApp group

We have created a WhatsApp group so we can stay connected before, during, and after the seminar! Find it here: https://chat.whatsapp.com/JDosuxTYd5lDBUxVKjMFwd

# Allergies and dietary preferences

We have gathered all information about your allergies and dietary preferences from your application form and sent it to the restaurant at the hotel.

### Specific needs

If you have any specific needs, you would like us to accommodate, please let us know how you would like us to accommodate them. It is important to us that everyone feels welcome and included at the seminar.

