

# Practical information

## Nordic Youth Seminar 2026: Engaged and inspired - together

### General information

The seminar will be hosted at Nordiska Folkhögskolan, *Olof Palmes väg 1, 442 31 Kungälv, Sverige*.

The program starts Friday, March 27<sup>th</sup> at 17.15, and ends Sunday, March 29<sup>th</sup> at 15.30.

We will be approximately 100 people participating from the Nordic countries (Greenland, Iceland, Faroe Islands, Denmark, Sweden, Norway, Finland, and Åland). The main language will be English, but we encourage and appreciate it if you are curious and willing to try to communicate in the Nordic languages as much as possible.

### Contact, emergencies and insurance

Emergency - If you experience any kind of emergency during the seminar or during your travels to and from the seminar, contact emergency services by calling 112 and provide first aid. Immediately after, call Hanna (+45 6020 1446).

Other problems - If you arrive late, have troubles on your travels, or experience problems during the seminar, please contact Hanna (+45 6020 1446) or one of the other facilitators at the seminar.

Insurance - All participants crossing borders to reach the seminar are covered by travel insurance during the seminar and travels. If you need to use your travel insurance, please contact Hanna (+45 6020 1446).

### Ground rules

Please read the Ground rules before the seminar, you can find them [here](#). The Ground rules is an important tool for us to create a safe and inclusive space for all participants at the seminar. When signing up for the seminar, you have agreed to adhere to the Ground rules.

### How do I get to Nordiska Folkhögskolan?

For your travel to Göteborg, you should already have either booked a ticket yourself or received a ticket.

Contact us if you don't already have a ticket.

### Common transportation to the seminar, Friday March 27<sup>th</sup>

We have booked three buses to take you from Göteborg Centralstation and Göteborg-Landvetter Airport to Nordiska Folkhögskolan.

Departure times:

- Departure from Göteborg Centralstation at 16.00 and 16.15 (please take the one at 16.00 if possible)
- Departure from Göteborg-Landvetter Airport 15.45

### How do I find the buses?

The bus company is called Öckeröbussarna, their logo is on all buses:



- Göteborg Centralstation: The buses are parked outside the main entrance in front of “Hotel Post” on the left side.
- Göteborg-Landvetter Airport: The buses are parked on the right side directly outside the entrance.

### Common transportation after the seminar, Sunday March 29<sup>th</sup>

We have booked three buses to take you to Göteborg Centralstation, Göteborg-Landvetter Airport, and Copenhagen Airport after the seminar.

Arrival times:

- Arrival at Göteborg Centralstation approximately 16.00
- Arrival at Göteborg-Landvetter Airport approximately 16.15
- Arrival at Copenhagen Airport approximately 20.15

### **Check in and arrival at Nordiska Folkhögskolan**

We will wait for you in the Main Building by the conference rooms, as you arrive at Nordiska. Here you will need to check in with us, so that we know you are here, and so you can get the key for your room.

### On arrival at Nordiska Folkhögskolan, you must:

- Receive the key to your room
- Make your own nametag

### **Where will I stay?**

All participants will stay at Nordiska Folkhögskolan, where the seminar is hosted as well. Most of you will stay in a room together with one or two other participants of the same gender as you have noted in your application form.

### **Program**

We have put together an exciting program for the seminar. You can see the program and read more about the different elements on [the seminar website](#). It will be updated continuously, and we encourage you to look through it before the seminar and use it to navigate through the program during the seminar.

## **Other information**

### Creative café

During the weekend it will be possible to withdraw a little from the program and join our creative space. You are welcome to bring your own small creative project if you have one at home. E.g., knitting or crocheting work, pearls, colouring books, writing tools, cards etc. Some creative utensils for drawing etc. will be available.

### Nordic Culture Night

The stage is open to all participants!

We invite you to share a form of entertainment for the other participants – maybe something from your home country - a dance, a song, a funny story, or a small game? Just remember to pack your favourite juggling gear or your grandfather's harmonica!

[Sign up here](#)

### Show and share

Would you like to share something you or your organization is working on?

It can be anything – from presenting your organization or an experience you've had to sharing knowledge, tools, or methods. If you wish to share something on a screen, please upload it to [this folder](#) or send it to Ea at [eag@duf.dk](mailto:eag@duf.dk) no later than Sunday at 11.00.

[Sign up here](#)

### Nordic Youth Seminar 2026 WhatsApp group

We have created a WhatsApp group so we can stay connected before, during, and after the seminar! Find it here: <https://chat.whatsapp.com/JBHP4N4cQLR1QTcqUDPDbQ>

### Allergies and dietary preferences

We have gathered all information about your allergies and dietary preferences from your application form and sent it to the restaurant at the hotel.

### Specific needs

If you have any specific needs, you would like us to accommodate, please let us know how you would like us to accommodate them. It is important to us that everyone feels welcome and included at the seminar. Contact Frida at: [fim@duf.dk](mailto:fim@duf.dk)

