

# Ground rules – Ungetinget 2025

At Youth Network NORD-events, everyone should feel safe, respected, and included, and be able to participate in the program on equal terms, appropriate to their ability.

These ground rules help us ensure and create a positive, inclusive and welcoming environment and they apply to every participant and all Youth Network NORD -activities.

We expect all participants to follow these ground rules:

## **1. Treat everybody with respect**

- We have zero tolerance for bullying, racism, sexism, homophobia or any other type of discrimination

## **2. Respect other people's personal boundaries**

- We are all different and have different boundaries. If you are unsure of another person's boundaries, ask them!
- We have zero tolerance for sexual harassment and assault

## **3. The organisers need to be in control to ensure safety**

- You must inform the organizers if you go anywhere away from the activity

## **4. Alcohol is only allowed at a specific time and under the following conditions**

- Participants are allowed to consume alcohol only Saturday from after the program item "Open Stage Night" has started. We expect those of you that consume alcohol to do so responsibly and moderately. You may **not** bring your own alcohol.
- We come from different cultures and countries with different laws and views regarding alcohol and drinking. Be aware that your own boundaries might be different from other people's.

## **DUF's social interaction policy**

At Youth Network NORD -events, DUF's social interaction policy applies. You can find it here: <https://duf.dk/artikel/dufs-samvaerspolitik>

It contains information on:

- What to do if you yourself experience something that crosses your boundaries
- What to do if you see someone behaving inappropriately towards others
- What DUF does when you or others report inappropriate behavior

**As a participant, I will:**

- Be friendly, polite and helpful toward others
- Be inclusive – especially if I notice someone being left out
- Respect everyone regardless of things like age, gender, sex, sexual orientation, ability, race, cultural background or religious beliefs
- Respect the boundaries, privacy and property of others
- Keep myself safe
- Challenge and report bullying or inappropriate behavior by others to the facilitators
- Contribute to creating a safe space for everyone
- Be a good role model to others
- Openly share my opinions, needs and concerns and give space to others
- Encourage others to share their ideas and opinions
- Follow the rules

**As a participant, I have the right to:**

- Be and feel safe
- Be listened to and be believed
- Be respected and treated fairly
- Be protected from abuse from other participants or external parties
- Participate on an equal basis, appropriate to my ability
- Ask for and get help

**I will not:**

- Pick on, make fun of, be mean to or bully others
- Get involved in peer pressure or push others into something they do not want to do
- Break the ground rules
- Break the law

If a participant does not follow these ground rules there may be serious consequences: The participant may have to leave the activity and be sent home at their own expense.